

The Christian DISC® Certification Course

Course Syllabus

Instructor: Tres Adames

Description:

The Christian DISC® Certification Course is an online video course that equips students to use the assessment with individuals, couples, and groups in local churches, counseling centers, schools, businesses, and ministries. The course is designed to not only teach students how to use the assessment with others, but educates them on the foundations of the *Christian DISC®* by presenting modules on personality theory and the nuts-and-bolts of what makes the assessment work. The curriculum is biblically-based and combines insight from modern psychology with the ancient wisdom of Christian theology. After a student has completed the course, they will be awarded a verified digital certificate and badge that credentials them as a *Certified Christian DISC® Facilitator*.

Course Materials:

- 24 Video Lectures by Tres Adames (over 2 hours total).
- Workbooks for each section (PDF format).
- Worksheets and Tools (10 pages, PDF).

Instructions:

Listen to each video lecture and fill out the provided notes with each lecture. You will be provided with a mid-course practice quiz that will test you on your knowledge halfway through the course. This is only for practice. The final test will be for a grade and a 70% minimum is required in order to be awarded certification.

Curriculum and Lectures:

❖ Prologue: Introduction to the Christian DISC®

- Welcome
- Accessing the Assessment
- Becoming an Affiliate

❖ Exposition: Foundations of the Christian DISC®

- Section Intro
- What is Personality?
- History of the DISC
- Personality Testing
- A Biblical Understanding of Personality

❖ Examination: Inside the Christian DISC®

- Section Intro
- Overview of the Four Types
- Introversion and Extroversion
- Process Orientation
- Base Emotions
- Emotions and Temperament
- *Mid-Course Quiz*

❖ **Evaluation: Understanding Insights from the Christian DISC®**

- Section Intro
- Analyzing Scores
- The Dominant Type
- The Influencing Type
- The Steady Type
- The Compliant Type
- Relationships Between Types

❖ **Application: Implementing Wisdom from the Christian DISC®**

- Section Intro
- Using the Assessment with Individuals
- Using the Assessment with Couples
- Using the Assessment with Groups

❖ **Epilogue: Becoming a Certified Christian DISC® Facilitator**

- Closing
- *Final Test*
- Receiving Your Credentials
- Tools and Downloads

Other Recommended Reading:

- [Please Understand Me II](#) by David Keirse
- [The Spirit-Controlled Temperament](#) by Tim LaHaye
- [Training with DISC](#) by Jason Hedges
- [Changes That Heal](#) by Henry Cloud
- [Boundaries](#) by Henry Cloud and John Townsend
- [Emotionally Healthy Spirituality](#) by Peter Scazzero
- [Emotionally Healthy Relationships](#) by Peter Scazzero and Geri Scazzero
- [The Biblical Counseling Reference Guide](#) by June Hunt
- [The Quick-Reference Guide to Biblical Counseling](#) by Tim Clinton and Ron Hawkins